

# Volunteer Role Profile

Volunteer Role	<b>Dementia Support</b>
Volunteer Manager	<b>Voluntary Services</b>
Where you will be based	<b>Hospital</b>

## Why we want you

At any one time in the hospital we can have lots of people with Dementia in our beds and many are without the support of family. Hospitals can be a frightening place for anyone but for those with Dementia can cause increased agitation, distress and anxiety. This new role will aim to help provide the patients with some much needed support during the long days in hospital to prevent boredom and isolation leading to increased anxiety.

## What you will be doing

- Visiting identified dementia patients
- Providing company and support to express their needs
- Assisting with the completion of "Getting to Know You" leaflets
- Assisting with activities such as jigsaws, looking at pictures and using the provided ward-based activities
- Replenishment of Dementia Activity Boxes on wards and in departments
- Run small errands for patients such as collecting a newspaper
- Take a patient in a wheelchair outside for fresh air

## The skills you need

- Excellent communication skills - talking and listening to patients and staff - with a good standard of spoken English
- Ability to understand and comply with confidentiality requirements
- Have a professional and friendly demeanor
- Be committed to the role and attend regularly (once per week/fortnight)
- Be punctual and dependable
- Within the boundaries of your role, be self-motivated and able to help without direct supervision
- Ability to know when and how to seek help (guidance will be given)
- A reasonable level of fitness - you will need to be mobile during some of your shift

## What's in it for you

- Meet new people and have the opportunity to help them in a positive way
- Keep fit and active
- Be part of a team
- Learn about dementia care and how to be a Dementia Friend

- Receive support and training from staff
- You will be instrumental in helping patients with dementia

## **Disclaimer**

Applicants must be at least 18 years old to volunteer in this role.

We are particularly keen to hear from individuals who have close connections with people living with Dementia.

Health: you should be in a low/moderate health group. Those considered at an increased risk of severe illness or those caring for vulnerable adults should not apply to carry out this role. Acceptance to the role will be subject to a covid-age risk assessment.

A standard Disclosure & Barring Service check is required.